

West Bath School

Teaching Behavior & Social Skills Lesson Plan

Area: Lunch line in the cafeteria

Time Allotted: 20 minutes

Purpose: to explicitly teach students how to stand and navigate the lunch line appropriately

Materials Needed: trays, utensils, milk, napkins, straws, lunch counter, salad bar, cafeteria tables

Step 1: Identify the expected behavior and describe it in observable terms.

Respectful	Responsible	Honest
<ul style="list-style-type: none"> ▪ Follow Line Up Behaviors ▪ Talk with a whisper voice ▪ Wait your turn patiently ▪ Wait for Jessie to ask you what you'd like ▪ Touch only the food on your own tray 	<ul style="list-style-type: none"> ▪ Take what you'll eat and <u>eat</u> what you take ▪ Take 1st utensil touched ▪ Hold utensil by handle ▪ Take one straw one napkin ▪ Keep lunch supplies orderly ▪ Use two hands to carry your tray ▪ Stand in blue space ▪ Walk to table 	<ul style="list-style-type: none"> ▪ Stay in your line space.
Compassionate	Creative	Joyful
<ul style="list-style-type: none"> ▪ Say "Please", "Thank you", "No, thank you" ▪ Appreciate the meal provided 	<ul style="list-style-type: none"> ▪ Try something new 	<ul style="list-style-type: none"> ▪ Smile

Non-examples: yelling, pushing, getting up on the counter, making unreasonable special meal requests

Step 2: Rationale for Teaching the Rule (Why it is important, give examples)

Appropriate navigation of the lunch line allows for meals to be served in a more timely manner, for meals to be charged to the correct account, to show appreciation for those who are providing the meals, and creates a calm and safe environment for all.

Step 3: Identify Steps

Steps:

1. Enter the cafeteria using appropriate line up behaviors.
2. Keep your hands and bodies to self.
3. Talk with a 6 inch voice.
4. Stay in your space and order.

<ol style="list-style-type: none"> 5. Enter the line in your proper space if you come to the line late. 6. Line up near the wall in the “blue space”. 7. Take the first utensil you touch, and hold it by the handle. 8. Take one straw and one napkin. 9. Keep lunch materials orderly. 10. Keep your feet on the floor and hands at your side. 11. Hold your tray with two hands. 12. Appreciate the meal that is provided. 13. Use please and thank yous, and no thank yous. 14. Choose one milk. 15. Wait your turn patiently at the salad bar. 16. Take what you’ll eat, and eat what you take. 17. Walk to the table carefully. 	
Step 4: Practice/Role Playing Activities	
Model Expected Behavior → Lead through Behavior → Test Student	
<ol style="list-style-type: none"> 1. Watch the iMovie provided of exemplar behaviors with your class. 2. Ask students to identify the behaviors that they saw. 3. Share with students the behaviors that they did not see that you would like to ensure they are able to demonstrate. 4. Watch the movie again with your class. 5. Bring students to the cafeteria to model, practice, and role play the steps. 6. Repeat the role play as necessary. 7. Performance assessment will be the harvest meal, where students will be expected to display each step correctly. 	
Step 5: Responding to Behavior in Classroom & Role Play	
Reinforcement for Expected Behavior	Corrective Feedback for Misbehavior
<ul style="list-style-type: none"> ▪ Commenting on/thanking students who are modeling the correct behaviors 	<ul style="list-style-type: none"> ▪ Try again/practice as needed until behaviors are mastered
Move from Continuous to Intermittent Reinforcement as student gains fluency	
Step 6: Prompt/Remind/Preteach Expected Behavior in Classroom	
<ul style="list-style-type: none"> ▪ As needed practice for individuals or small groups ▪ As needed practice for whole class 	